

WEEK ONE



You are so sweet



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PENNE PASTA, CHEESE SAUCE, BEEF SAUSAGE	CHICKEN PIES, MASH, GRAVY	SAVOURY MINCE & RICE	CHICKEN, PASTA & CHEESE SAUCE	FISH FINGERS & FRENCH FRIES
CHERRY TOMATOES & CUCUMBER ROUNDS	PEAS & CARROT STICK	FRUIT	CHERRY TOMATO & CUCUMBER STICKS	SLICED FRUIT

WEEK TWO



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CRUMBED CHICKEN STRIPS, RICE & GRAVY	HOMEMADE MEATBALLS, SPAGHETTI	ROAST CHICKEN & ROAST POTATOES	BEEF MAC & CHEESE	CHICKEN NUGGETS & FRENCH FRIES
PEAS & CHEESE CUBES	BROCCOLI & CARROTS	FRUIT	PEAS & CARROT STICKS	SLICED FRUIT



ENJOY YOUR MEAL

WEEK THREE



You are so sweet



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEEF PIE & POTATO MASH	CHICKEN HOT DOGS	BEEF SAUSAGE, MASH TOMATO RELISH	ROAST CHICKEN & POTATOES	BEEF BURGER & CHIPS
CHERRY TOMATOES & CUCUMBER	BOILED EGGS, CHEESE & CARROT STICKS	FRUIT	PEAS & CARROTS	SLICED FRUIT

WEEK FOUR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SAVOURY MINCE & SPAGHETTI	PENNE PASTA, CHEESE SAUCE & SAUSAGE	CRUMBED CALAMARI & RICE	SAVOURY MINCE, PASTA & SAUCE	MINI CHICKEN BURGERS & FRENCH FRIES
BUTTERNUT FRITTERS & BROCCOLI	CHERRY TOMATOES & CUCUMBER	FRUIT	PEAS & CARROT STICKS	SLICED FRUIT

ENJOY YOUR MEAL